

Preparation for capsule endoscopy of small intestine.

Dear Patient,

In order to ensure that visibility conditions within the intestine are optimal, you need to carefully follow the preparation plan as follows:

LAXATIVE MEDICATION:

- With the attached prescription, you can obtain the laxative medication needed for preparation of the bowel (Moviprep[®]) from a pharmacy.

PREPARATION:

On the day prior to the examination:

- **17:00** From this time onwards, you must not eat any solid foods until the examination has been completed. You may drink water until 22:00.
- **18:00** Fill a container with 1 litre of water and add the contents of sachet A and sachet B of MOVIPREP. Stir the entire mixture until the liquid is almost clear. Keep the liquid cool. Drink the entire mixture within one hour: one glass every 5 to 10 minutes. Following this, we recommend drinking at least a further litre of water in order to avoid becoming extremely thirsty and the body becoming dehydrated. Keep within close range of an available toilet as diarrhoea will set in.
- **22h00:** from this time onwards, you must not drink any more, with the exception of a sip of water to take any necessary medications.

On the day of the examination:

- **20 min. before the examination:** Take 15 pump-doses of Flatulex drops (once with us in the clinic).
- **For the examination, please wear loose-fitting, comfortable clothing, and do not use any body lotions.**

DO YOU HAVE ANY QUESTIONS?

If you have any further questions regarding the examination, then please contact our clinic directly.

Looking forward to seeing you soon!

You GGP Team